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PLAY IT AWAY: A WORKAHOOLICS CURE FOR ANXIETY



Charlie Hoehn. Paperback. Book Condition: New. Paperback. 168 pages. Here's the cure to your stress! Tony Robbins, Strategic adviser to world leaders, 1 bestselling author of Personal Power (40 million copies sold) Do you feel guilty or anxious when you're not working? Have you stopped playing with your friends? Do all of your daily activities revolve around building a more successful career? Do you have trouble breathing, relaxing, and sleeping? Are you consuming stimulants multiple times per day to hide your exhaustion? Are...

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- Authored by Charlie Hoehn
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